

Safety Beach Medical and Wellness Practice

161 Marine Drive, Safety Beach, VIC 3934

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Safetybeachmedical.com.au

Introduction

Safety Beach Medical and Wellness Practice is a purpose built medical facility that provides outstanding, inclusive and compassionate care to the highest clinical standards.

This progressive family practice offers a range of Health and Wellness services under one roof, including GP, Physiotherapy, Podiatry, Dietitian, Urology and Cardiology.

Committed to delivering exceptional Medical and Wellness support to all of our community.
Our philosophy is to support you to achieve your individual physical and mental wellbeing goals.
Our holistic approach is designed to enable and empower you to live the best life possible.

- Health checks
- Contraception
- Pregnancy advisory
- Shared antenatal care
- Skin checks
- Minor surgical procedures
- Chronic disease management
- Cardiac risk clinic
- Weight loss clinic
- Sports injury clinic
- Occupational and Fitness to Drive Medicals
- Travel clinic
- Child & adolescent health

We also recognise the different health needs of adolescents including sexual and mental health, as well as drug and alcohol issues.

Independent General Practitioners

Dr Sarah Jeffs
Dr Rob Jeffs
Dr Jo Pollott
Dr Alex Terris
Dr Benedict McCann
Dr Michael Dobson

We believe in providing continuity of care therefore you are free to book consultations with the Doctor of your choice, either via our online booking system HotDoc or by calling our reception team.

Opening Hours

Monday	8am – 6pm
Tuesday	8am – 8pm
Wednesday	8am – 6pm
Thursday	8am – 6.30pm
Friday	8am – 4pm
Saturday, Sunday & Public Holidays	Closed

Afterhours Services

Our clinic is registered with the DoctorDoctor After Hours Service.

If you are in need of seeing a Doctor outside of our opening hours as above, the 13SICK National Home Doctor service are available for appointments after 6pm on weekdays, 12pm Saturdays and Sundays and Public Holidays.

PH: 137125

Fee Schedule

We are a mixed billing practice, which means we will Bulk Bill eligible individuals at certain times of the day.

Consult Fees

Standard appointment \$90 (\$41.40 rebate)

Long appointment \$130 (\$80.10 rebate)

Bulk Bill

Children <16yrs all day, concession and pension card holders between 9-1pm. All procedures will incur a private fee. We will bulk bill Chronic Disease Management Plans.

Skin Checks

Skin cancer check and skin lesion removals.

All skin checks and skin procedures incur a private fee:

\$130 (rebate \$80.10) for skin check

\$65 out of pocket fee for procedure

If you find yourself in financial hardship and are not eligible for a concession card we may consider bulk billing on a case by case basis.

Facilities

- Parking at front and rear of building
- Close to Public Transport
- Disabled Access and Amenities
- Lift
- Baby changing facilities
- Children's Play Area

Pathology Services

We have Melbourne Pathology collection centre onsite for all of your pathology needs.

Open Monday - Friday - 8am-1pm

Wellness Services

We offer a range of wellness service to enable and empower you to live the best life possible.

Physiotherapy – The Beach Physiotherapy, Zoe Farrant and Lachlan Hough

Remedial Massage Therapist—Hiroko Mitchell

Avocado Baby — Felicity Pountney, Pre and post natal yoga

Dietitian — Cinnamon Wellness, Danielle Bowman

Plus a range of wellness classes including yoga, Pilates, hypnobirthing, strength & balance and mindfulness.

Specialist Services

Cardiology

We are joined by highly respected Specialists in their field to help address your more complex health needs delivered at a convenient location to you.

We have a number of Specialist below but will look to grow our Specialist team in time based on the needs of our patients.

Total Cardiovascular Care

Dr Olivier Van Den Brink

Dr Damon Jackson

Dr Justin Cole

Urology

Dr Tony de Sousa

